

Hepatoprotective Effects of Berberine on Carbon Tetrachloride-Induced Acute Hepatotoxicity in Rats

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Background: Berberine is an active compound in *Coptidis Rhizoma* (Huanglian) with multiple pharmacological activities including antimicrobial, antiviral, anti-inflammatory, cholesterol-lowering and anticancer effects. The present study aims to determine the hepatoprotective effects of berberine on serum and tissue superoxide dismutase (SOD) levels, the histology in tetrachloride (CCl₄)-induced liver injury. **Methods:** Sprague-Dawley rats aged seven weeks were injected intraperitoneally with 50% CCl₄ in olive oil. Berberine was orally administered before or after CCl₄ treatment in various groups. Twenty-four hours after CCl₄ injection, serum alanine aminotransferase (ALT) and aspartate aminotransferase (AST) activities, serum and liver superoxide dismutase (SOD) activities were measured. Histological changes of liver were examined with microscopy. **Results:** Serum ALT and AST activities significantly decreased in a dose-dependent manner in both pre-treatment and post-treatment groups with berberine. Berberine increased the SOD activity in liver. Histological examination showed lowered liver damage in berberine-treated groups. **Conclusion:** The present study demonstrates that berberine possesses hepatoprotective effects against CCl₄-induced hepatotoxicity and that the effects are both preventive and curative. Berberine should have potential for developing a new drug to treat liver toxicity.

Key Words: *CCl₄, Hepatotoxicity, Liver.*