

Assessment of Oral Hygiene Habits Among Dental and Other Faculty Students of University of Georgia

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Abstract:

background

The main purpose of oral care is the maintenance of a functional and comfortable oral cavity to improve self-esteem and reduce bacterial activity in the mouth and the risk of both local and systemic infection.

It is widely accepted that oral health plays an important role in overall health. Precise knowledge of oral hygiene habits is very important.

aim of this study was to assess and compare knowledge of oral hygiene skills among of dental and other faculties undergraduate students of university of Georgia.

Methods:

A self-administered structured questionnaire with 17 questions was designed based on oral hygiene skills in each person's individual life and was answered by 100 students of the university of the Georgia which 50 students were dental students and 50 students of other faculties containing Both Georgian and international students. The data was analyzed by statistical programs.

Results:

The oral hygiene knowledge and dental hygiene status of the dental students were not optimistic. other faculties were slightly superior to the dental students specially in regular dental visit and using additional cleaning methods such as dental irrigators, mouth washes and super flosses . According to the diagrams mostly in main plaque removing which contains brushing and flossing and also using mouth washes the dentistry students had better result but in other categories mostly other students paid more attention to their oral hygiene.

Our study revealed that although other faculties students performed better than dental students, both of them need to improve their knowledge because all groups are future professional people and at least paying attention to the general health and dental care is very important aspect of each person's life.

Conclusion:

Our study provided understanding of the level of knowledge of oral hygiene skills and habits among the students which may help to promote and reform of oral hygiene education.

In case of the dental students accurate knowledge and manual skills of oral hygiene is the most importance because they are future health professionals and they are expected to control the status of oral hygiene of their future patients.

By the result of our study, dental students must have improve their knowledge of their oral hygiene skills.

Keywords: oral care, oral hygiene, plaque control, dental students