

element of the strategy should be to consider prevention as a multisectoral priority: to cover not only the health sectors, but also the education, employment, and social welfare sectors. The strategy should take into account the cultural and social context of the country. Prevention strategies should be developed for the entire population, including access to health care, improved mental health, reduced alcohol abuse, restrictions on medications that can lead to suicide, and media coverage of suicides. The main goal of the country should be to prevent and have an epidemiological base in adolescents on such problematic issues as symptoms of depression and anxiety, hyperactivity, suicidal thoughts and behavior, poor behavior, as well as the frequency of alcohol use, smoking and illicit drug use, as well as physical activity, sleep, the Internet. Frequency and purpose of use, all of the factors listed are strongly associated with suicidal behavior.

**Keywords:** Risk-factors, Suicide, Prevention, Trauma, Conflict, Stigma, Strategy

## Governance of the Regional Healthcare System on the Example of Adjara Autonomous Republic

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### Abstract

Based on strategic management, ensuring a comprehensive policy is an essential element for the development of the healthcare system. It is important to carry out strategic and targeted health policy at the regional level to provide equally accessible and high-quality medical services, in which the regional healthcare system performs the most significant part. In terms of governance structure, Georgia is a regionally organized, the exception is the Autonomous Republics, with an independent government and, accordingly with the Ministry of Health and social affairs, one of the main functions of which is to implement unified state health policy of Georgia. For this purpose, it is important that the guidelines of the Ministry of Health and Social Affairs of Adjara Autonomous Republic comply with the rights and responsibilities imposed on it; and that the structure is in line with the competencies provided for in the regulations. This analytical paper is an attempt, based on the study of the relevant regulatory framework, to review the functions of the healthcare system of the Autonomous Republic of Adjara as a governing body, to study and determine the compliance of the roles performed by the Ministry of Health and Social Affairs of Adjara with the imposed and designated duties. Based on the analysis of the studied material, we shall identify technical and content insufficiencies. Hypothesis: There is a structural-functional mismatch between central and regional health systems. The purpose of the paper was to study and determine the compliance of the functions performed by the Ministry of Health and Social Affairs of the Adjara Autonomous Republic with the imposed and delegated rights and responsibilities. During the research, were studied and processed the documents reflecting the state structure of Georgia, state management mechanisms, the state structure of the Health System management and the health policy; legal documents issued by the Government of Georgia and the supreme and executive bodies of the Autonomous Republic of Adjara; relevant regulatory